

➔ **AT FRESH PRESS JUICE CO.,**  
 we are a 100% organic and 100% vegan facility.  
 We always use the highest quality ingredients in  
 all of our products and we support local farmers  
 whenever possible.

## { 100% ORGANIC COLD-PRESSED JUICE }

○○○ \$10

Our cold-pressed juices are made fresh daily using a Norwalk hydraulic press. Independent tests show that a hydraulic press can extract 3-5x more minerals and nutrients than a centrifugal juicer. Pressed juices can last up to 72 hours before losing meaningful amounts of minerals, vitamins, and enzymes. To ensure we have the selection you prefer, please feel free to call the day before!

- 1 **THE HEALER:**  
apple, cucumber, celery, parsley, lemon, & ginger
- 2 **FEEL'N THE BEET:**  
beet, pineapple, carrot, & lime
- 3 **VEDGE OUT:**  
carrot, spinach, kale, cucumber, celery, & parsley
- 4 **ORANGE YOU HOT!:**  
orange, carrot, sweet potato with a dash of cayenne
- 5 **GREEN-AID:**  
apple, swiss chard, spinach, & lemon
- 6 **ALMOND DELIGHT:**  
almonds, alkaline water, vanilla, dates, & cinnamon
- 7 **SUPER GREENS:**  
kale, spinach, swiss chard, celery, cucumber, parsley, lemon, & lime
- 8 **CARROT COOLER:**  
young Thai coconut water, carrot, & lime
- 9 **COLD BUSTER:**  
apple, carrot, lemon, & ginger
- 10 **CHOCOLATE ALMOND PROTEIN SHAKE:**  
almonds, alkaline water, raw cocoa powder, dates, & hemp protein
- 11 **PEARED UP:**  
pear, kale, cucumber, & orange

➔ Our cold-pressed juices are juiced using a Norwalk hydraulic press. The Norwalk juicer extracts juice through tremendous pressure exerted by a hydraulic press. Maximal amounts of natural fruit sugars, vitamins, trace minerals, enzymes, and other vital elements are preserved.

## { SMOOTHIES }

All ingredients are 100% raw & organic

○○○ 12 OZ \$8 / 16 OZ \$10

- 1 **THE REGULATOR:**  
the Regulator juice blended with a banana
- 2 **KALE GIRL:**  
kale, mint, almond butter, banana, & homemade almond milk
- 3 **MACA ME CRAZY:**  
spinach, banana, maca, nutmeg, cinnamon, coconut flesh, cold-pressed apple juice & homemade almond milk
- 4 **ENERGIZER MONKEY:**  
cold-brewed coffee, banana, & homemade chocolate almond milk
- 5 **TROPICAL ROSE:**  
strawberries, pineapple, banana, & young Thai coconut water
- 6 **ACAI:**  
acai pulp, homemade almond milk, & banana
- 7 **PITAYA:**  
pitaya blended with mango, pineapple, banana, & cold-pressed apple juice

## { BOWLS }

○○○ \$11

MAKE IT GREEN — ○○○ \$1

- ACAI:**  
organic acai blended with homemade almond milk & banana. Topped with homemade gluten-free raw granola, shredded coconut, strawberries & banana
- PITAYA:**  
organic pitaya blended with mango, pineapple, banana & cold-pressed apple juice. Topped with homemade gluten-free raw granola, shredded coconut, strawberries & banana
- COCONUT:**  
organic raw coconut flesh blended with coconut milk & banana. Topped with homemade gluten-free raw granola, shredded coconut, strawberries & blueberries
- BANANA WHIP:**  
organic frozen bananas whipped & topped with homemade gluten-free raw granola, shredded coconut, strawberries & blueberries
- BRB ACAI YA LATER:**  
organic acai & pitaya blended with banana, blueberries, raspberries & young Thai coconut water. Topped with homemade gluten-free raw granola, shredded coconut, strawberries & blueberries

## { ADDITIONS }

○○○ \$2

- aloe
- chocolate sauce
- maca
- almond butter +\$.50
- granola
- peanut butter
- chia
- hemp protein powder
- vegan protein +\$.50 (chocolate or vanilla)
- chocolate chips



### LOCATIONS

**CRANFORD**  
 105 South Avenue  
 East Cranford, NJ  
 908.272.3927

**BERNARDSVILLE**  
 80 Morristown Road  
 Bernardsville, NJ  
 908.502.5242

FIND US HERE  
[www.freshpressjuiceco.com](http://www.freshpressjuiceco.com)

## { 100% ORGANIC JUICE ON THE SPOT }

○○○ 12 oz \$8 // 16 oz \$10

- 1 THE REGULATOR:**  
beet, apple, spinach, swiss chard, kale, & ginger
- 2 HANGOVER HELPER:**  
pineapple, orange, carrot, kale, & lemon
- 3 THE EMERALD:**  
kale, apple, parsley, cucumber, ginger, & lime
- 4 ALL IN:**  
apple, kale, spinach, celery, carrot, cucumber, ginger, & lemon
- 5 GOOD GIRL MARY:**  
tomato, carrot, celery, cucumber, parsley, & lemon
- 6 YOU CALL IT:** pick at least 1 base  
& add up to 3 more fruits or veggies

### BASE:

- apple
- carrot
- cucumber
- orange

### FRUITS & VEGGIES:

- apple
- beet
- carrot
- celery
- cucumber
- ginger
- kale
- lemon
- lime
- orange
- parsley
- pear
- pineapple
- spinach
- sweet potato
- swiss chard

## { CLEANSSES }

**FRESH START** ——— ○○○ 3 DAYS \$90 // 5 DAYS \$150

- ⇒ includes (3) 16 oz. juices: The Healer, Feel'n the Beet, Vedge Out, 1 oz. shot of Aloe, & FPJC cooler tote. This cleanse should be complimented by organic fruits, veggies, & nuts

### WHOLE FOOD

**CLEANSE** ——— ○○○ 3 DAYS \$175 // 5 DAYS \$280

- ⇒ includes Fresh Start cleanse plus, daily breakfast, soup, cucumber water & meal

**FULL PRESS** ——— ○○○ 3 DAYS \$180 // 5 DAYS \$300

- ⇒ includes (6) 16 oz. juices: The Healer, Feel'n the Beet, Vedge Out, Orange You Hot!, Green-Aid, Almond Delight, 1 oz. shot of Aloe, & FPJC cooler tote

## { SHOTS }

○○○ \$4

- aloe
- wheatgrass
- ginger
- fire cider
- turmeric

## { HEALTHY EATS }

### OVERNIGHT

**OATS** ——— ○○○ 8 oz \$5.<sup>95</sup> // 12 oz \$7.<sup>95</sup> // 16 oz \$9.<sup>95</sup>  
gluten free, organic oats soaked in coconut milk, chia seeds, vanilla, cinnamon & blueberries, topped with sliced banana

**MAKE IT A BOWL** ——— ○○○ \$11  
topped with bananas, strawberries, blueberries & shredded coconut

**BANANA WHIPS** ——— ○○○ KIDDIE \$3.<sup>75</sup> // REGULAR \$5.<sup>25</sup>

(yes its only a banana!)

**TOPPINGS:** all fruit fudge, chocolate chips, shredded coconut, almonds + \$.50/each

**BERRY CHIA PUDDING** ——— ○○○ \$6.<sup>95</sup>  
chia seeds, coconut milk, young Thai coconut water, shredded coconut, agave, strawberries & blueberries.

**GF & VEGAN SNACKS:** ——— ○○○ \$4.<sup>95</sup>  
granola bars, truffles, cookies & muffins

**AVOCADO TOAST** ——— ○○○ \$7.<sup>95</sup>  
gluten free or whole wheat toast topped with smashed avocado, lemon juice, Himalayan sea salt & sun-dried tomatoes

**GLUTEN FREE TOAST** ——— ○○○ \$8.<sup>95</sup>

### SALADS

**KALE CAESAR** ——— ○○○ \$10  
kale tossed in our creamy Caesar dressing and topped with roasted chickpeas & our homemade parmesan cheese

**FALAFEL SALAD** ——— ○○○ \$12  
tomatoes, cucumbers, red onion, dill, kalamata olives & our homemade baked falafel over romaine lettuce with a tahini dressing  
*\*Only available at the Bernardsville location*

**DETOX** ——— ○○○ \$11  
shredded cabbage, quinoa, carrots, cilantro, scallions, cashews & sesame seeds with a ginger dressing

**FRESH PRESS JUICE CO.** is a nutty facility. If you have any food allergies, please consult prior to consuming.

### CURRIED CHICKPEA

**SALAD** ——— ○○○ 8 oz \$7.<sup>95</sup> // 12 oz \$10.<sup>95</sup>  
our curried chickpea salad wrapped in a whole wheat tortilla with romaine lettuce & tomato

**WHOLE WHEAT WRAP** ——— ○○○ \$11  
**GLUTEN-FREE WRAP** ——— ○○○ \$12

**VEGGIE BURGER** ——— ○○○ \$12.<sup>95</sup>

our homemade organic bean burger topped with basil aioli, onion & tomatoes served with a massaged side kale salad; served on a whole wheat bun

### NO BUN, NO PROBLEM.

Try it or over kale! ——— ○○○ \$11.<sup>95</sup>

**WHOLE WHEAT WRAP** ——— ○○○ \$11.<sup>95</sup>

**GLUTEN-FREE WRAP** ——— ○○○ \$12.<sup>95</sup>

**AVOCADO** ——— ○○○ \$2

**YEAH DAWGS** all plant, soy free hot dog

**CLASSIC** ——— ○○○ \$10  
topped with homemade sauerkraut & mustard on an organic roll with a side massaged kale salad

**CALI** ——— ○○○ \$11  
topped with avocado, spicy mayo & coconut bacon on an organic roll with a side massaged kale salad

*Ask about our Yeah Dawg daily special!*

**SOUP OF THE DAY** ——— ○○○ 12 oz \$5.<sup>25</sup> // 16 oz \$6.<sup>95</sup> // 32 oz \$13.<sup>75</sup>

**ENTREE OF THE DAY** ——— ○○○ \$10-\$12

**KOMBUCHA** ——— ○○○ 16 oz \$6  
fermented tea

Have an event? Ask about our catering!



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LIVE



FRESH

JUST THE RIGHT  
AMOUNT OF RAW



RAW

